


**Recruitment Document** – Samantha Barber (JCU) Master Research Project

Title	An Exploratory Study: The Presence of Imposter Syndrome in New Graduate Allied Health Professionals and its Relationship to Location of Practice
University Affiliation	James Cook University
Ethics Approval/ Reference Number	H9338
Principle Researcher	Samantha Barber
Supervisor/s	Dr. Carol Flavell
Purpose of Study	The purpose of this study is to report the presence of imposter syndrome (IS) in recently graduated AHPs, and to determine if there is an association between IS and AHPs geographic work location, through an online survey.
Target Audience	New graduate allied health professionals living and working in Australia.
Participation Criteria	Volunteers must meet all criteria: <ul style="list-style-type: none"> <li>- Be one of the following allied health professionals: <ul style="list-style-type: none"> <li>o Audiologists, Chiropractors, Dieticians, Exercise Physiologists, Occupational Therapists, Optometrists, Pharmacists, Physiotherapists, Podiatrists, Psychologists, Radiographers and Speech Pathologists.</li> </ul> </li> <li>- Have graduated between November 2021 and December 2023</li> <li>- Currently practicing and living in Australia.</li> </ul>
Confidentiality Arrangements	The online survey is entirely voluntary and anonymous. Data will be stored on Qualtrics, it will be anonymous and stored by the primary researcher into SPSS, which will be stored on the Research Data JCU Platform in accordance with JCU Policy (15-years post completion of the study).
Proposed Use of Data	Once the research has been completed, dissemination of results will be developed into a thesis and oral presentation as part of the subject RH5203/RH5204 which are a part of a Master of Rural Generalist Practice degree at JCU. This will be disseminated by the wider JCU community, with a primary focus on discourse through medical and rehabilitation science disciplines, inclusive of presentations and posters at conferences. Additionally, peer reviewed publication in a relevant journal is proposed, with additional presentation at conferences.
Timeframe	30-minute online survey
Survey Link	<a href="https://jcu.syd1.qualtrics.com/jfe/form/SV_42uL8W6Mi6tZmOW">https://jcu.syd1.qualtrics.com/jfe/form/SV_42uL8W6Mi6tZmOW</a> 
Contact Details	Samantha Barber <a href="mailto:Samantha.Barber@my.jcu.edu.au">Samantha.Barber@my.jcu.edu.au</a>  Dr. Carol Flavell <a href="mailto:Carol.Flavell@jcu.edu.au">Carol.Flavell@jcu.edu.au</a> 07 4781 6472

End Date of Survey	March 31 <sup>st</sup> 2024
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### Qualtrics Survey Questions:

Eligibility Questions (Must meet all criteria):

- **Are you one of the following allied health professions?**  
Audiologists, Chiropractors, Dieticians, Exercise Physiologists, Occupational Therapists, Optometrists, Pharmacists, Physiotherapists, Podiatrists, Psychologists, Radiographers and Speech Pathologists
- **Are you within the first two years of graduation** (Between November 2021 and December 2023) ?
- **Are you currently working as your graduated profession in Australia?**

### Participant Information Sheet

#### Consent

#### Personal Demographic Information

1. What is your current age?
2. What gender do you identify as?
3. How long have you lived in your current home location?
4. What is the postcode of your current home location?
5. What Modified Monash Model (MMM) rating do you currently live?
6. What is your highest level of education?

#### Professional Demographic Information

7. What is your practicing discipline?
8. What degree did you graduate with?
9. What date did you graduate? (DD/MM/YYYY)
10. What best describes your current employment status?
11. What date did you start practicing? (DD/MM/YYYY)
12. How many jobs have you had since graduation?
13. How long have you worked in your current job location?
14. What is the postcode of your current work location?
15. What Modified Monash Model (MMM) rating do you currently work?

#### Imposterism

16. Have you heard of the phrase "Imposter Syndrome" prior to this survey?
17. Do you feel like you have experienced imposter syndrome since graduation?
18. Do you feel as though imposter syndrome has impacted your personal life?
19. Do you feel as though imposter syndrome has impacted your professional life?
20. Do you feel as though there is a stigma associated with imposter syndrome?

#### Clance Imposter Phenomenon Scale (CIPS)

- 20 question outcome measure

#### Voluntary Information Collection

#### Support Services

#### End of Survey

