

LEARN THE FOUNDATIONS
OF MODERN LEADERSHIP TO
TRANSFORM YOUR CAREER

2024 LEADERSHIP PROGRAM



OTA'S LEADERSHIP PROGRAM WILL TRANSFORM EXPERT OCCUPATIONAL THERAPISTS INTO LEADERS WHO ELEVATE THE PROFESSION

Facilitated by Professor Stephen Duns, this 20-week program will be delivered virtually, together with face-to-face sessions in Victoria's Hepburn Springs marking the beginning of the program and concluding in the beautiful Yarra Valley.



AT A GLANCE

- ➔ **DURATION:**
20 weeks
- ➔ **EARLY BIRD PRICE:**
OTA members - \$3,950 inc gst
Non-members - \$4,545 inc gst
• Book by 19 March 2024
- ➔ **STANDARD PRICE:**
OTA members - \$4,150 inc gst
Non-members - \$4,795 inc gst
- ➔ **METHOD:**
A mixture of in-person and online learning environments provides the best of both worlds.
- ➔ **IN-PERSON TWO DAY OPENING RETREAT**
9 - 10 May 2024 | Hotel Bellinzona
- ➔ **LIVE ONLINE WEBINARS**
27 June & 25 July 2024
- ➔ **ONLINE LEARNING MODULES**
At your own pace throughout June and July 2024
- ➔ **IN-PERSON TWO DAY CLOSING RETREAT**
22-23 August 2024 | Balgownie Estate
- ➔ **POST PROGRAM CHECK IN**
10 October

WHO IS THIS PROGRAM FOR?

OTA's Leadership Program is for OTs who are looking to take the next step in their career. Participants will learn the principles of modern leadership and how it applies to occupational therapy. This program has been specifically designed for occupational therapists who are:

- ✓ Emerging or aspiring leaders
- ✓ Newly appointed leaders
- ✓ Established leaders



“ The networking was amazing and to share the journey with others who were on both similar and different paths was so helpful. ”

Vivienne Williams

“ The information provided in this course has been so helpful in creating a solid foundation for effective team management and leadership that has helped me to actualise the personal and professional values and standards that underpin my business. The face to face retreats allowed for deep connections with peers and a safe space to be vulnerable while transitioning from a worker to a leader. I would recommend this course to anyone! ”

Lauren Mills

SKILLS AND KNOWLEDGE GAINED

Upon completion of the Leadership Program you will have gained enhanced self-awareness, confidence and resilience.

You will also be able to:

- ✓ Lead high performing teams
- ✓ Effectively coach and motivate others
- ✓ Master the art of courageous conversations
- ✓ Use storytelling to communicate, especially in the context of change
- ✓ Identify and work with strengths
- ✓ Create psychological safety within your team
- ✓ Confidently work with complexity
- ✓ Diagnose problems and influence systems
- ✓ Lead across departmental, organisational and sector-based boundaries to influence and manage change



➔ PROGRAM OVERVIEW

PART 1: LEADING YOURSELF

Delivery:

In-person opening retreat at Hotel Bellinzona, Hepburn Springs

Thursday 9 May – Friday 10 May 2024

- Leadership theory and practice
- Defining your 'why'
- Supporting the transition from expert to leader
- Addressing impostor syndrome
- Giving and receiving feedback
- Identifying your leadership strengths
- Workshops and activities to enhance self-awareness, self-confidence and resilience



PART 2: LEADING OTHERS

Delivery:

Live online workshops and self-paced e-learning

27 June & 25 July 2024 (2-5pm) AEST

- Leading high performing teams
- How to effectively coach and motivate others
- Mastering the art of courageous conversations
- Using storytelling to communicate, especially in the context of change
- How to confront bias, question assumptions and avoid generalisations
- Identifying and working with strengths
- Creating psychological safety within your team



PART 3: LEADING SYSTEMS

Delivery:

In-person closing retreat at Balgownie Estate, Yarra Valley

Thursday 22 August – Friday 23 August

- Using the systems iceberg to identify and address problems
- Strategic thinking
- How to confidently work with complexity
- The difference between change and transition
- The transition management process
- Where to next? Putting a plan in place for your future
- Workshops and activities to enable you to influence and manage change



➔ PROGRAM INCLUSIONS

TWO RETREATS IN VICTORIA'S BEAUTIFUL YARRA VALLEY AND HEPBURN SPRINGS

Each retreat includes:

- **Luxury accommodation in a private suite**
- **Premium food and beverage packages including:**
 - ✓ Full breakfast (hot and cold options available)
 - ✓ Morning and afternoon tea
 - ✓ Lunches
 - ✓ Evening drinks reception
 - ✓ Two-course dinner and drinks.
 - ✓ Free transfers to regional areas from Melbourne CBD



Motivational speakers:

Gain insights from leading OTs about their leadership journey and be inspired to follow in their footsteps.

Former Victorian Chief Allied Health Officer, Donna Markham at the 2023 Leadership Program.



Expert facilitator,
Professor Stephen Duns

ONLINE LEARNING

Consolidate your learning as you forge your own path to leadership — in the comfort of your home.

Two live online webinars

27 June 2024

25 July 2024

Join your peers for two 3 hour live coaching sessions with Prof. Stephen Duns.

6 week post program check in

10 October 2024

Access to Learning Management System

June – July 2024

Delve deeper into the principles of leading others by completing online modules at your own pace.

Participants will have access to the materials from May and for six months after completion (Feb 2025).



EXTEND YOUR STAY AND TAKE ADVANTAGE OF THESE OPTIONAL EXTRAS

YARRA VALLEY

- Spa treatments at Endota Spa
- Wine tours
- Hot air ballooning
- Visit the Healesville Sanctuary, Yarra Valley Chocolaterie or Yarra Valley Dairy

HEPBURN SPRINGS

- Bathing and spa treatments at Hepburn Springs spa
- Visit the Hepburn Springs Mineral Reserve – Australia's first Mineral Reserve created in 1865
- Dine at The Lake House

Along with other great things to do in regional Victoria!



Occupational
Therapy AUSTRALIA



TAKE THE NEXT STEP IN YOUR OT CAREER

Enrol now to secure your place and make 2024 your year!

ENROL NOW

GOT
QUESTIONS?

CONTACT US

or email our member services team
info@otaus.com.au