Occupational Therapy Australia

Participation MATTERS

OT Week 2026
Conversation starter cards

Instructions

1. Print the conversation starters
2. Cut out the cards, following the cut marks
3. Shuffle and place them out for people to use at your OT Week event!

If you could swap jobs with anyone in the office for a day, who would it be and why?



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What's one hobby you've always wanted to pick up but haven't yet?



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If you could live anywhere in the world for a year, where would it be?



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What's one aspect of your job that you wish was better understood?



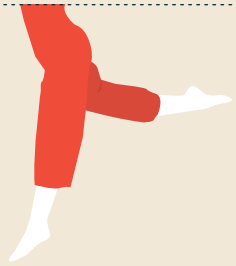
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What's been the highlight of your career so far?



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What part of your work do you find the most rewarding?



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What part of your work do you find the most challenging?



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What about occupational therapy do you want to learn more about?



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How would you describe your job to a five year old?



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What trait are you most proud of in yourself?



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What aspect of occupational therapy would improve everyone's lives?



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What's the most underrated piece of assistive technology?



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What's an occupation that you can't live without?



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What's one piece of advice you'd give to someone entering your profession?



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What do you want to achieve in your work in the future?



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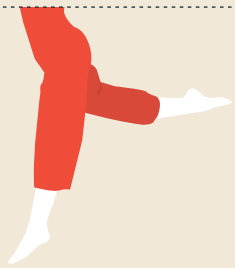
What do you do after work to relax?



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What's the best advice you've ever received?



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If you could change one thing about your job, what would it be?



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