

Occupational Therapy Australia

Participation MATTERS

Join us in celebrating **OT Week 2026!**

26 October – 1 November

OT Week is our biggest annual celebration of the extraordinary impact occupational therapists make every day. Join the celebration and hold an OT Week in your workplace or community!

Why do an event?

OT Week is a chance for us to come together as a profession, share our stories, and showcase the life-changing work OTs do across all life stages and health settings. Hosting an event can be a great way to show your appreciation for the hard work the OTs in your workplace or community do, and it can also be an opportunity to share knowledge and learn more about this diverse profession. We encourage people in all kinds of workplaces, whether it be an occupational therapy practice, mixed allied health practice, hospital, school, or wherever you find OTs making a difference to get involved.

What kind of event?

There's no limit to the kinds of events that you could hold for OT Week. A few suggestions are:

- Morning tea
- Catered meal at the office
- Potluck
- Coffee run
- After work drinks
- Pub lunch
- Or whatever fits in best with your team!

How to use OTA resources for a great celebration

Once you've set a time and place for your celebration, visit the OT Week 2026 page on our website to download our Celebration Pack which features an OT Week poster, invites, and conversation cards. You can also purchase OT Week merchandise from our online store!

On the day, don't forget to take a photo and tag us **@OTAUS** or by using the hashtags **#OTWeek2026** and **#ParticipationMatters** and we'll reshare it on our socials.

Find everything you need for OT Week by **scanning the QR code** or by visiting **otaus.com.au/ot-week-2026**